THE BOCK SA-GA - AN ANCIENT TIME CAPSULE By Les Whale

One of humanity's greatest challenges lies in the effort it takes to adopt new perspective's while utilising old belief systems in order to steer a course towards the best possible future. This challenge is constantly in conflict with established belief systems relating to our past; present and future for these belief systems are the central wheels of the academic hierarchy involving all aspects of humanity, including religion.

Many of us are only just coming around to the realisation that civilisation was indeed thriving and highly evolved in our ancient past. With each day that passes and each new discovery that comes to light, the truth of this is more and more difficult to ignore and deny.

Consider for a moment that our ancestors knew their civilisation was facing natural disasters and cataclysmic changes. Would they have had the foresight into our future to create a mandate and provide future descendants with time capsules containing their knowledge and experiences? Absolutely! We can say that with certainty for we are really no different today in that respect.

Today there is a strong and growing body of evidence indicating the Bock Sa-Ga is such a time capsule. Containing knowledge dating back more than 50 million years.

According to the Sa-Ga, it was decreed over 10,000 years ago that the surviving Bock family would release the information in 1984 and not before. It was perceived that by this date human genetics would once more have the capacity for wholeness, enabling people to understand how to live in harmony with nature and each other and therefore properly utilise the information.

Is the information contained in the Bock Saga true, and more to the point, is it accurate? The test of time will tell. This article is merely an introduction to the astounding wealth of rare knowledge that is being presented by Ior Bock, the last surviving descendant of the Bock family who have been entrusted with the key to its resurrection.

In the 1980's a group called *The Positive Foundation* gathered together to begin excavation in an area near Helsinki in Finland believed to be the location of *Lemminkäinen* temple. According to the Bock Sa-Ga, within its hidden halls there dwells a repository of human knowledge and existence on our planet dating back millions of years.

IOR BOCK

A well known and respected Finnish historian, Ior (pronounced EE-OR) Bock was born on the 17th January 1942. His father, Knut Victor Böxstrom, died on 11th May 1942. From that time only three of the Bock family remained, Ior, his mother Rhea, and his sister Rachel.

From the age of seven, Rhea and Rachel had Ior sit with them every day to listen and learn the family tradition of the Bock Sa-Ga. Ior was not allowed to ask questions through these sessions as it is considered that by listening one learns more than by talking.

According to Ior, the Sa-Ga is based largely on the teaching of sounds, which must be heard and experienced and has therefore been passed down orally from generation to generation in this way. Each descendent was taught from the age of seven to the age of twenty-seven, taking a full twenty years to comprehend and master this knowledge. Thus the Sa-Ga was transmitted to Ior through the years 1949 to 1969.

After his father died, a man named Bror Gustaf Bertil Svedlin adopted Ior and Ior's name was changed to Bror Holger Bertil Svedlin. Svedlin died in 1950 when Ior was eight years old. In March 1968, Ior reclaimed his original family name.

As a young man, Ior gained employment as the head guide of the Museum Fortress of Viapori (Sveaborg) in Finland. Each year Ior spent time in Goa, India putting together the historic theme for the following season at the museum. In the summer of 1968 Ior made his first academic presentation at the museum. In the years that followed, Ior became a very well known and respected historian and was involved in the production and development of a number of television documentaries.

In 1984, Ior began to relate his family history and the details of the Bock Sa-Ga. When Ior first began to release the information, it was met with a great deal of disbelief, controversy and accusations that the Sa-Ga was just a set of stories. Many of these people are now reconsidering their position due to astounding and significant discoveries over the past few years confirming that the Sa-Ga is indeed based on fact and not fiction.

In June 1999, Ior Bock was attacked by a man in his sister's apartment in Helsinki. Ior was stabbed in the back a number of times. His heart stopped for 10 minutes. Paramedics managed to revive him but the attack left Ior a quadriplegic.

Now, nearly three years later, Ior can drink tea with very little assistance and continues his daily talks and release of the Bock Sa-Ga material. His mind is still very clear and he still smiles even though nearly all that he had has been taken from him.

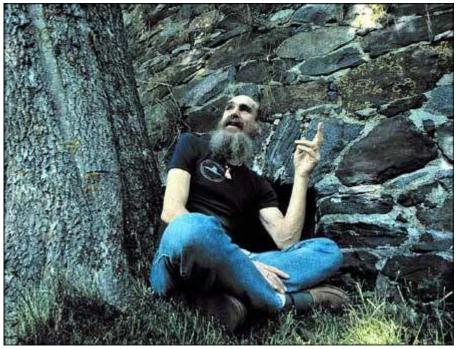


Photo Ior Bock

THE SAGA REVEALED

Science has now come to the understanding that our origins come from light and sound. According to the Bock Sa-Ga, our civilisation has only just re-evolved to the level of this basic understanding. It is therefore understandable that the Bock Sa-Ga should come to light at this time.

The Sa-Ga deals with a sound system that was utilised and understood in complete detail many millennia ago. A technology based on light and sound that also developed a spiritual understanding of how to work with nature orally (naturally). But somewhere in the darkened mists of our past, that knowledge was lost and therefore so was our ability to utilise it.

The Sa-Ga, given as an oral transmission conveyed and maintained in correct form via the Ring, the Alphernas Beten (Alphabet) the *Kela* of sound. The Alphabet is in the original *Rot* (say Root) language and Finnish (*Van*) language. The teachings reveal a natural sound code within the language, which contains and retains keys of information. The sound system creates an internal logic of the Sa-Ga. In this way the narrator of the Sa-Ga transmits the information which then enables the listener, after twenty years of learning, to take the Sa-Ga forward. It is understood that this system creates an encoding within the brain that triggers genetic memory.

The Sa-Ga is chiefly an oral tradition based on the teaching of sounds. It is not a written tradition for to write of it is impossible. It must be heard and experienced. Therefore, most of this information to date has been in the form of audio tapes with very little reference material. This article is based upon my understanding of these tapes.

The use of the English language to convey the oral sounds is a challenge. In these instance words like Ooden should be spelt *Oden* yet I have spelt this closer to the correct sound enabling the reader to get the sound in their head. The term Heathen is *Hi-den* (heeden) meaning whole and worthy and is not meant in a disrespectful way. Thus this *Sa-Ga*, *Sa* being receiving and *Ga* being giving in both *Rot* and *Van* languages is an understanding that one must receive first to then be able to give.

The Holy Grail of languages is but one small fragment of the knowledge contained within the *Kela* of sound. Human history, philosophy, health, well being and most importantly the understanding that we are all one is a critical part of these teachings. In antiquity at a time when this knowledge was common, there existed a communal philosophy, one breeding, information system, one giving system, one Ring which created health and wellbeing.

Our ancestors understood that this generation would be ready to receive its birthright - the origin and knowledge contained within the Sa-Ga. The question remains, are we ready?

ORIGINS OF HUMANITY

The Sa-Ga is a history and mystery so huge it defies description. To date, Ior Bock has released information about four major periods in Earth's history. These periods are Paradise time, Atlantis, the time following Atlantis and the New Times. All of this knowledge is known as the *Väinämöinen Mythology*.

According to the Sa-Ga's history of human evolution, which dates to the first seeds of life on this Earth, the seeds grew and evolved to a point where eels formed. Eels then gave rise to frogs, which eventually evolved, into monkeys. At some point, the genetics of the monkey and the goat (the symbol of Bock) were combined to create the first two humans, "Frej "and "Freja". The Sa-Ga does not say who was responsible for these genetic manipulations.

This occurred at the exact North Pole around which the sun circled and never set. Surrounding the Pole was a land that became the Motherland known as *Odenma*, Uudenmaa. At its centre was *Hel*, meaning clear, home and complete. The humans were known as *pi-pol*. people and all knowledge could be understood within the *pol* and ring. It is significant to note that mathematics is based on 0 and 1, a pole and a ring.

Uudenmaa, the garden of Ooden, which later became known as Eden, is now in Southern Finland and was a tropical paradise and the home of the first people known as the *Aser*. Ringlands were created outside of Uudenmaa and within each ringland the breeding

system was put in place. The people that lived outside of Uudenmaa were known as the *Vaner* people who had the *Van* (means "one") language.

Within the *Kela* of sounds, which make up the *Rot* language was the knowledge of how to be one with nature and our *plan-et*, plan means plan and et means family, family plan to create wholeness. Men and Women were equal. The man had *his story* (history) and the female her *miss story* (mystery). Both understood the knowledge of how the light of the Sun enables all things to grow and is everything, known as *Oden*. Ooden also represents the knowledge of the Court of *Aser*. One Ring, whole and complete, one giving, breeding system, *Ye-hov-a* "give to the Court of *Aser*" was in Uudenmaa with *Hel* at its centre. With this knowledge and its proper utilisation, the *Aser* was considered healthy whole and complete. This was eventually changed to Jehovah. God (good) within became "God in Heaven." Through Christian times the Heathen system, and all it represented, was hunted down, destroyed and removed.

Eventually the female was excluded from this new system because much of her mystery (miss-story) became ta-boo (taboo). Ta is to give (germinate the seed) which is feminine, b is borg, meaning cast-el, (castle) the breeding system and oo is Oden the Sun and knowledge to make things grow healthy. Shiva is the Sun and moon once a month, knowledge of the Moon and monthly cycles. The respect and sharing of male and female essence sperma and sav was regarded as whol-i (holy) and created the i-moo-en system meaning in the mouth, creating a healthy and whole immune system. Then the respect and sharing of sperma and sav became taboo, in other words restricted and forbidden. Men could no longer understand the history and mystery to assimilate the seed of knowledge, did not follow the breeding system and create wholeness with Ooden.

Prior to this time it was the female's right to choose when to be a mother by way of the dream of Lucia. This happened on the 13th of December, *Lucia day*. The 24th December was *Fest-i-val* (festival) day when the Disa's (stem mothers) were impregnated by Lemminkäinen inside *Odenma*. On this day the coming fathers stood on *ped-i-stals* (pedestal) naked whith standing pricks so that the self-chosen mothers could look their 'sweet hearts' in the eye and choose that one they like. The 25th December was *Jule Tide*, the birthday of the Sun (not the Sun of God). On the 26th of December the men chosen on Festival day had to pass physical tests to prove their fitness to be a father. This day was known as *Bock-sing day*, now called Boxing Day. Throughout the corruption of Christian times, the original meanings of the language and their importance were changed, lost or contaminated. Consequently, the female was denied her natural worth and equality. Instead of *sperma* and *sav* being honoured it became ill-used and wasted.

Continuation of life

In the continuum, certain trees were regarded as sacred. Among these were the Ash tree and the Oak tree. Ancient records show people had a life span of nearly a thousand years. In Paradise time, one's life span could have been very long indeed. When a person died, they were cremated and their ashes went into the Ash tree. The soul was then able to be absorbed by the roots, ascend through the tree trunk, branches and leaves, to leave this

plan-et whole. This may explain why few remnants of the Homo Sapiens of that time have been found. In Christian times these family trees were systematically destroyed.

Frej was the first Bock (goat) and *Freja* was the first (nanny goat), Svan (swan). They understood the alphabet, the *Kela* of sound. This then enabled them to understand the system of procreation they were to initiate to ensure that all humans born would be *god*, pronounced good.

Frej and Freja had at least 12 sons and seven daughters. This first family became the Piruet family. At its head was Per (Allfather) and Ella (The Earthmother). The 12th. Son became the new Bock who mated with Svan to create a further 12 sons and 7 daughters. The first son of Frej and Freja was named Ra and the first daughter Maya. Ra and Maya became the teachers (King and Queen) at the age of 27 years old. Ra and Maya maintained the hidden heathen knowledge.

Ra and Maya, the King and Queen, did not mate because they were teachers. It is interesting to note that in most Scandinavian countries teachers were not allowed to have children. If they did have children, they no longer were allowed to teach.

Through the decent of the family line, three more breeding groups were formed, Jarlet, Karlet and Trelet. These became the *Vaner* people that lived outside of Uudenmaa. From this point the original Bock then mated with a *Svan* from the *Vaner* people. In this way a second breeding group was created within Uudenmaa. There were then two groups within Uudenmaa, the Piruet and the Roset *Aser* people. The breeder in each ringland was the *Rabis* who was the Allfather.

THE TIME OF ATLANTIS

Over 50 million years ago, the ancient ones saw that there was a change taking place on our planet. Most scientific studies indicate that the Ice Age began 65 million years ago but this time line is based on scientific techniques that may be flawed.

According to the Sa-Ga, the first major changes occurred just over 50 million years ago resulting in a shifting of the Pole causing all the lands to become ice. This was known as the time of "all the lands ice" *ALTLANDIS*, otherwise known as Atlantis. Atlantis was not so much a location as it was a time in history.

Anticipating this major change, the *Aser* set up ten locations around the world so that the *Vaner* people could survive the ice time. Afterwards, there were ten breeding systems that became ten different races of people with ten different languages, all based on the original *Rot / Van* languages.

When the ice came, the *Aser* were cut off from the *Vaner* people. Largely due to a warm Gulf Stream current flowing into the Finnish Gulf, the region of Uudenmaa remained ice-free.

THE TIME AFTER THE ICE

According to the Sa-Ga, the second *Ragnarök* or the second destruction, occurred just over 10,000 years ago when the ice began to melt rapidly. Foreseeing what was to come, the *Aser* built boats to accommodate animals, food, people and other supplies and sailed to higher islands. From this small group of artic human beings we know that they called their hide out in Gotland the "new yard" ("*Noa-tun*"). The origin of the story of Noahs Arc

At this time the temple was closed and *Hel* was covered in ice. The surviving *Aser* returned to *Hel* just over 9,000 years ago when the waters receded. *Hel* became known as *Hel-sing-ki*, Helsinki in Finland and the original sound / breeding system was reestablished

THE THIRD DESTRUCTION

In 1050 AD, a Papal Army surrounded Uudenmaa and slaughtered most of remaining *Aser*. All things associated with heathen times were either destroyed or removed. This was known as the third *Ragnarök*, or the third destruction.

Two families escaped this slaughter, Bockström (Bock) and Raström (Ra). The extermination of the bloodlines was in fact the Crusades and search for the Holy Grail. The Holy Grail was the King and Queen's bloodlines and all Heathen people. The Crusades conducted by the ruling churches continued on for hundreds of years. Part of this extermination was the War of the Roses. The removal of the Roset family lines.

In 1248 AD, an agreement was made between the Bock family and the Christian king of Sweden, Biger Jarl. The Bockström family was then allowed to return to Uudenmaa in exchange for their silence and absolute non-involvement in politics.

THE ASER TEACHERS

Through history, the intent of most teachers has been to elevate the human spirit and good (God) ness within the human condition. However, in many cases, older teachings were changed and altered by some teachers, with certain vested interests, in order to wield power and domination over others.

Many *Aser* teachers are recorded in the Bock Sa-Ga. These teachers were sent out to reconnect the *Vaner* people to their heritage and *Oden*. Many were sent all over the world. In a number of ancient locations, records, carvings and other monuments attest to the arrival of a Caucasian people that were very tall, blond or red hair with beards. These people came in boats without oars or paddles and were regarded as Gods among men. It

was also recorded that these people came from the north, from the seat of power; their knowledge of all things was complete.

Some of these *Aser* teachers were recorded in well known history yet, as previously stated, their teachings were significantly altered over the course of time to suit the purposes of an elect few. These teachers were male and female, as the people needed both to create the *his-story*, history and the *miss-story*, mystery. Within the Sa-Ga, the names of the family of *Aser* are well known. They include Mohamed, Jesus, Buddah, Krishna and Moses (*Muses*) which is feminine.

Over 10,000 years ago it became apparent that human genetics was changing. Even though efforts were made to reconnect the *Vaner* peoples, it was foreseen seen that not until the later part of the 20th century would the human condition evolve enough to once more assimilate the information contained in the Sa-Ga. Thus, it was determined to wait until 1984 before bringing the Sa-Ga to light for at this point in time there would finally exist the possibility that man and woman could conceive a child that was both inwardly and outwardly whole.

It is relevant to note that in the last fifteen or so years, around the globe there are children being born that have three strands of DNA. These children are highly gifted and have abilities far beyond what is considered normal for most people. The psychic powers of these children enable them to even be aware of and communicate telepathically with other children around the world who are likewise gifted.

LEMMINKÄINEN TEMPLE

In Paradise time, in every generation the people came together to re-connect to the Ring of sounds and knowledge to further their love and understanding. With them they brought their finest art and crafts, much of which was in the form of Gold. Gold was honoured because the Fire of the Sun is within and it lasts forever. This was a giving to *Ye-hov-a*.

Lemminkäinen was the name given to Bock, the breeder. *Lemminkäinen* Temple was created in honour of the Bock in an area known as *Tuna* inside Uudenmaa. The arts and crafts were *for Tuna* (fortune) and were put on display for all to see and were known as the *art-i-facts* (artefacts).

Lemminkäinen Temple was created within a hill. The domed area at the top was used for ceremonies. Below this was an area 250 kilometres across. Within this area is a golden spiralled stairway, which leads to halls, housing the artefacts. Each hall represented the lifetime of a Lemminkäinen (Bock). In front of each hall stands a life-size golden statue representing the Bock at the age of twenty-seven. The Temple became the Mu-see-them (museum). The Museum is said to contain artefacts dating back to the beginning of human knowledge.

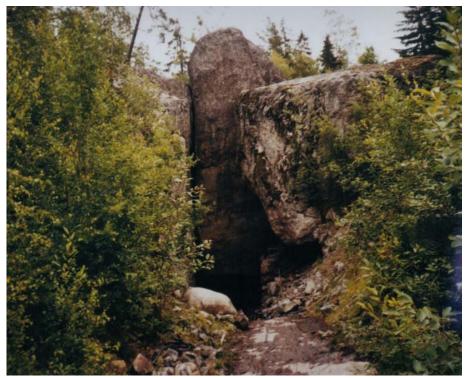
Lemminkäinen Temple was closed in 987 AD due to the future invading Christian armies. It was at that time permission was given to the remaining Bock to re-open the Temple 1,000 years later in 1987.

EXCAVATION OF THE TEMPLE OF LEMMINKÄINEN

Proof of the Bock Sa-Ga is to be found in *Lemminkäinen* Temple and the Bock family treasure chambers. The entrance lies deep beneath the earth, 30 kilometres east of Helsinki (*HEL*) in Finland.

Prior to 1987, a group of people came together and formed a partnership known as the "Positive Foundation" and began excavations to reach the Temple. In the Foundation booklet they report that "we had information that the entrance was sealed with big stone blocks. Indeed we found three perfectly cut stone plates piled one on the other. The plates were about 5 meters long, 4 meters wide and 1.5 meters thick. After removal, at the bottom of the monolith we found two more stones of about 4 meters x 2, 5 meters x 1 meter. These stones fit the former entrance exactly. Behind these stones, we expected to find a big room, the so called water lock. However, this room was filled with a cement like mass."

The excavation team had achieved a tunnel of over 40 meters deep, 6 meters wide and 3 meters high, descending in a gradient of about 15 degrees. According to information provided by Ior Bock, the hall should end in a room from which three corridors are accessed with the middle corridor leading to the upper dome of the Temple. The cost of further excavation exceeded the Foundation's budget. The Finnish Government and Board of Antiquities were unwilling to step forward with funding, help or support.



Picture of Temple Entrance

In 1991, the Foundation's last sponsor stopped supporting the project. Later that same year, a geophysical analysis of the location was conducted using a Sub-surface Radar System (S.I.R.). Twenty-five meters below the ground, at a coordinate designated by Ior Bock, the radar system picked up a dome shaped hollow space with a roof potentially made of metal. A picture of the ground condition at the excavation site indicated that there were only a few meters of excavation needed before a break through could be achieved. At this time, February 2002, this breakthrough has not yet been achieved.

THE GOLDEN BOCKS

According to Ior Bock, there are other artefacts of the Heathen culture buried in various locations across Finland. Specifically, there are three Golden Bock statues. The Bock family is symbolised by a goat. In addition to the statues, there are three Crystal Balls and the Regalia of the last King of the *Aser*. According to Ior Bock two Golden Bocks and Crystal Balls are buried in Snappertuna, about 70 kilometres west of Helsinki. This land is now the property of the Church and is also a Nature Reserve.

The third Golden Bock along with the Regalia is buried in the courtyards of Kajaani Castle, about 600 kilometres north of Helsinki. Ior explains that Kajaani Castle served as an old breeding centre thousands of years ago. It is the oldest and most northern Royal castle known in the world today.

On October 12th 2000 the S.I.R. was used in the courtyard at Kajaani Castle. Five meters below the ground, at the exact spot where Ior Bock had indicated, the radar system detected a large metal box fitting Ior's description and size.



Photo Statue of a Bock

Kajanni Castle is now the property of the Finnish State. The Finnish Government, the Museum of Antiquities and the Church have refused permission to excavate any one of these sites.

THE SAGA UNFOLDS

We are now moving toward the later end of the twenty-year period since this information was first released in 1984. Much has been revealed, yet much is yet to be revealed.

According to Ior Bock, the *Rot/Van* languages are the basis of all languages on our planet. Today the Finnish language is very complex. Each word can be used in one of at least 165,252 forms, cases or tenses. The English language is close to the original *Rot* sound system. However, the unique capacity of the *Rot / Van* languages to contain so much variety is in stark contrast to the English language which only use relatively few tenses such as past, present, future and possibility. Further, each sound (letter) within the *Rot / Van* language has unique meaning and each word can be assimilated from front to back, back to front and from the middle out.

The *Kela* of sound is made up of 29 sounds and combinations there of, the Alphabet, the Ring. There are 23 sounds in one Ring and 7 outside of the Ring. There are 10 clear vocals (vowels) with the remainder being combination sounds. The sound i (pronounced EE) is repeated twice so altogether 29 different sounds. Within the Alphabet, i represent

the Bock. The i stem represents the penis of the Bock and the dot represents the sperm. The second i represent the Allfather and is also pronounced EE as in I Ching pronounced EE-Ching.

Ta is to give (germinate the seed knowledge) and *Rot* is the sounds. Therefore to *Ta-Rot* (Tarot) is to create the knowledge of sounds. The Tarot ancient learning system appears to have changed and now only contains the 23 main sounds, which are represented in the Major Arcana of Tarot cards. The Major Arcana has 22 cards however the first card designated 0 (The Fool) is represented at the beginning and at the end, making 23 paths.

NEW FINDINGS

In the last couple of years there have been a number of findings that support the Bock Sa-Ga and Väinämöinen Mythology. Archaeologists have recently found 40,000-year-old settlements north east of Finland in the White Sea region. Known as the "Pechora Project" and reported in the August issue of the British Nature Magazine.

The discovery of the Susihuola (wolf cave) outside the city of Kristinestadf located on the south west coast of Finland. By the summer of 2001 the Finnish board of antiquities (Museovirasto) has proved that communities lived there for at least 300,000 years. The head of Museovirasto in Finland publicly stated that no one lived in Finland prior to 10,050 years ago. The head of Museovirasto in Finland is now revealing evidence that people lived in Finland long before any other known civilisation on the planet.

Renowned archaeologist and researcher, Thor Heyerdahl, has been involved with excavations around the Black Sea. This city was known as *AS-Hov. As*, as in *Aser*, and *Hov* as in Court, the Court of *Aser*. In Heyerdahl new book, *The Search for Ooden*, a number of references to the *Aser* and *Vaner* people are made. Heyerdahl's book is soon to be released in English.

In the past, many, so-called, scientific experts in Finland and other places denied that the *Aser* and *Vaner* people even existed. Nowadays, this knowledge is becoming more and more indisputable. These findings also place a considerable degree of doubt on the theories that Africa was the cradle of humanity.

A NEW RING

In Paradise time the people had a giving system, one Ring of knowledge, well being and wholeness that brought all together, even in the darkness, bound them. It was a system of stable health and communal wealth where sickness was relatively unknown because a balance was maintained between the people and their environment.

In the New Times a new Ring was created, a taking system, and at its hub was the money wheel. As is apparent by our civilisation's growing socio-economic problems that this

later system has created a lack of, with an ever-decreasing spiral bound by greed. This system has created a serious imbalance on our Earth as more and more is taken with very little replenished in nature. This in turn has created and continues to create more greed and so the cycle viscously continues. This system has resulted in a mere 2% of the population controlling 90% of the wealth. If allowed to continue, it will eventually destroy all life on our planet.

To understand our greatest challenge at the beginning of this new century is to disassemble the illogical Ring of power that represents the taking system. To re-create a New Ring based on love, goodness and wholeness; a giving system that is in harmony with nature that is based on true logic to honour all peoples and our planet. This then will become our new paradigm (Paradise time). To enable us to understand and achieve this goal one need only embrace what is good - God within, for this is truly our birthright.

Through the grace and foresight of the Bock family and its sole descendent Ior Bock, we have been given a chance to redeem what was lost. To assimilate the language, the Key of the Elves, the understanding how life can continue naturally, in harmony with *Oden*, everything. We must not allow the conflicts within established belief systems to inhibit this new paradigm which is a gift to our children, the future of our planet, and all that live upon it.

This ends the first article by Les Whale about the Bock Sa-Ga. For more information about the Bock Sa-Ga, visit his website at: - http://www.sshoesmith.fsnet.co.uk/